**HMIS 6.4 D**



नेपाल सरकार

स्वास्थ्य व्यवस्थापन सूचना प्रणाली

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नगरपालिका/गाउँपालिका

औषधी प्रतिरोधी क्षयरोग उपचार कार्ड

बिरामीको नामः

फोटो

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उमेरः लिंग:

ठेगानाः

सम्पर्क नं

उचार सहयोगीको नाम सम्पर्क नं

क्षयरोग दर्ता नं दर्ता मितिः

दर्ता समूह

१ नयाँ (new) २ रोग बल्झेको (Relapse) ३.१ उपचार असफल नयाँ (TAF)

३.२ उपचार असफल पुन उपचार (TAF) ३.३ उपचार असफल Hr TB (TAF)

३.४ उपचार असफल पुन उपचार औषधी प्रतिरोधी

४ उपचार पुरा नगरेको (TALF) ५ पहिले उपचार गरेका अन्य (OPT)

६ यस अघिको उपचार अवस्था थाहा नभएको (UPTH)

क्षयरोगको किसिमः

RR/MDR(SSTR), RR/MDR(LTR) PreXDR XDR

क्षयरोग भएको अंग

१ छाती २ छाती वाहेक अन्य अंग

दिइएको उपचार रेजिमनः

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| SSTR | LR1 | LR2 | LR3 | LR4.1 | LR4.2 | Modified LR2 | CLR1 | CLR2.1 | CLR2.2 | PLR1 |

स्पुटम कल्चर फलोअप र तौल

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| **Month** | **Lab No/date** | **SR** | **CR** | **Weight in KG** |
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दिइएको औषधीको नाम र मात्राः

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| **Months** | **Weight (KG)** | **Lfx** | **Bdq** | **Lnz** | **Mfx** | **Cfz** | **Cs** | **Dlm** | **Am** | **Amx-Clv** | **E** | **Eto** | **Imp-Cln** | **H** | **PAS** | **Z** | Other |
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| **Months** | **Weight (KG)** | **Lfx** | **Bdq** | **Lnz** | **Mfx** | **Cfz** | **Cs** | **Dlm** | **Am** | **Amx-Clv** | **E** | **Eto** | **Imp-Cln** | **H** | **PAS** | **Z** | Other |
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**उपचार नतिजा विवरण**

मिति

१ निको भएको Cured:

२ उपचार पुरा गरेको Complete :

३ उपचार असफल Failure:

४ मृत्यू भएको Died:

५ उपचार पुरा नगरेको Loss to follow up:

६ मूल्यांकन नभएका Not Evaluated:

प्रेषण/स्थानान्तरण भएको संस्था

क्षयरोग एक सरूवा रोग हो । आखाले देख्न नसकिने सुक्ष्म कीटाणु *-Mycobacterium Tuberculosis\_* ले क्षयरोग हुन्छ । यो एक व्यक्तिवाट अर्को व्यक्तिमा हावाको माध्यमबाट सर्दछ ।

**क्षयरोग सर्ने तरिकाः**

क्षयरोग फोक्सोमा लाग्ने र फोक्सो वाहेक शरीरको अन्य भागमा लाग्ने गरी २ प्रकार हुन्छन । फोक्सोको क्षयरोग भएका बिरामीले खोक्दा, हाछयू गर्दा वा थुक्दा क्षयरोगका कीटाणु बाहिर वातावरणमा फैलिन्छन र स्व्स्थ्य मानिसमा श्वास प्रश्वासको माध्यामबाट फोक्सोमा पुग्न सक्दछन । क्षयरोगको संक्रमण भएका सवै व्यक्तिलार्इ क्षयरोग हुदैन रोग प्रतिरोध क्षमता कमजोर भएका व्यक्ति (कुपोषित, मधूमेह, एच आइ भी एड्रस भएका आदि ) मा यो रोगले छिटो आक्रमण गर्दछ

**क्षयरोगका लक्षणहरूः**

* *२ हप्ता वा सो भन्दा बढी अवधी खोकी लागि रहनु*
* *शरीरको तौल घटदै जानु*
* *छाती दुख्नु*
* *खकारमा रगत देखिनु*
* *साझपख वा राती ज्वरो आउनु*

**cf}ifwL k|lt/f]wL Ifo/f]u (DRTB)**

Ifo/f]usf] pkrf/df k|of]u x'g] s'g} klg cf}ifwLdf sL6f0f' Resistant ePsf] cj:yfg} Drug Resistance xf] .

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* aLr}df cf}ifwL vfg 5f8]df jf clgoldt¿kdf cf}ifwL ;]jg u/]df
* Smd u'0f:t/sf] cf}ifwL ;]jg u/]df
* cf}ifwLsf] dfqf kof{Kt gePdf
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क्षयरोगको औषधी स्वास्थ्य संस्थामा निःशुल्क पाइन्छ, स्वास्थ्यकर्मी/चिकित्सकको सल्लाह बमोजिम नियमित औषधी सेवन गरे क्षयरोग पूर्णरूपमा निको हुन्छ ।