Introduction

Nepal is a Federal Democratic Republic State situated in South Asia. It is the land of Mt. Everest, the highest peak of the world and the birth place of Lord Buddha, Lumbini. Nepal occupies 0.03 % and 0.3% land area of the World and the Asia respectively. It has diverse topography and climate. It stretches from east to west with an average length of 885 kilometers and widens from north to south with an average breadth of 193 kilometers.

Geographically, Nepal has three east-to-west elongated ecological belts. The northern mountain belt is naturally decorated by an unbroken range of Himalayas, which contains eight peaks higher than 8,000 meters, including the world's highest peak Mt. Everest (8848.86 meters). Middle hilly belt is enriched by gorgeous hills, valleys and lakes. Kathmandu, the capital city of Nepal is situated in this region. Terai belt is the plain area situated in southern part of Nepal, which is usually known as the grain house of the country since most of the crops produced in Nepal are farmed in this region.

The Constitution of Nepal (2015) has declared the country a Federal Democratic Republic with seven Provinces. It is further divided into 753 local levels including 460 Rural Municipalities, 276 Municipalities, 11 Submetropolitan Cities and 6 Metropolitan Cities. There are 77 administrative districts in Nepal.

According to the National Population Census 2011, the annual growth rate of population is 1.35 percent and the total population has recorded about 26.5 million with sex ratio 94.2.

The preliminary estimate of GDP per capita at current price stands at NRs. 140819 (US\$ 1191) for the fiscal year 2020/21. Growth rate of GDP at purchasers' price is preliminary estimated 4.01% for the same fiscal year. About one fourth of the population (25.16%) lives below poverty line as per the Nepal Living Standards Survey 2010/11 and Gini coefficient, which indicates inequality in consumption expenditure stands at 0.328.

Geographical Location

: 26°22' North to 30°27' North : 80°04' East to 88°12' East Longitude

Area Boarder : North-CHINA

East. West and South- INDIA

Population and Households Characteristics

Population			
Population	2001	2011	2021 ^p
Nepal	23151423	26494504	30,378,055
Male	11563921	12849041	14,734,201
Female	11587502	13645463	15,643,853
Total Households	4253220	5423297	-
Average Annual Growth	2.25	1.35	-

Population Distribution by Geographical Region, 2011

P: Proiected

15.40

Area/Region	Male	Female	Tota		
Nepal	12849041	13645463	26494504		
Mountain	862592	919200	1781792		
Hill	5440067	5953940	11394007		
Terai	6546382	6772323	13318705		
Municipalities Total [△]	8194811	8545921	16740732		
Rural Municipalities Total [△]	4654230	5099542	9753772		
Source: Population and Housing Census 2011, CBS					

Absent population, 2011

Source: National Population and Housina Census, CBS

Area/ Region	Male	Female	Not specified	Total
Nepal	1684029	237400	65	1921494
Mountain	82322	23101	0	105423
Hill	860555	130604	8	991167
Terai	741152	83695	57	824904
Municipalities Area ^{△△}	1025668	154632	50	1180350
Rural Municipalities Area ^a	658361	82768	15	741144
Source: Population and Hous	ing Census 20	011, CBS		

Population by Religion, 2011 in Percentage

Religion	Population	Religion	Population
Hindu	81.34	Kirant	3.05
Bouda	9.04	Christian	1.42
Islam	4.39	Other*	0.76
Source: Population and Housing	Census 2011, CBS	*: Including	not stated cases

Female Headed Households	%HHs			
Area	2011			
Nepal	25.70			
Municipalities Area ^{△△}	28.14			
Rural Municipalities Area [△]	23.77			
Source: Population and Housing Census 2011, CBS				

Female Ownership on House & Land or Land	%HHs
Area	2011
Nepal	19.70
Municipalities Area ^{∆∆}	24.87

Municipalities Area^{△△} Rural Municipalities Area^a Source: Population and Housing Census 2011, CBS

 $\Delta\Delta$: Based on metropolitan cities, sub-metropolitan cities and municiplaities

Δ : Based on rural municipalities

Household Facilities. 2011

Facilities	% HHs	Facilities	% HHs
Radio	50.8	Mobile Phone	64.6
Television	36.5	Motor	1.6
Cable Television	19.3	Motorcycle	9.6
Computer	7.3	Cycle	32.4
Internet	3.3	Other Vehicle	0.7
Telephone	7.4	Refrigerator	7.2
Source: Population and Ho	ousing Census 2	011, CBS	

ingulated	Mean	Age at N	/larriage	Average	Age	Year

census rear	1391	1991	2001	2011
Male	20.7	21.4	22.9	23.8
Female	17.2	18.1	19.5	20.6
Source: National Population a	nd Housina Cen	cus CRS		

Some Vital Indicators

Indicators	2001	2011	2019*
Crude Birth Rate(CBR)	33.1	21.8	
Crude Death Rate(CDR)	9.6	7.3	
Total Fertility Rate(per Woman)	4.1	2.5	2.0
Infant Mortality Rate(IMR)	64.0	40.5	25.0
Mortality Rate Under 5 Year	91.0	52.9	28.0

Average Life Expectancy at Birth (Year)

Total	60.4	66.6	-	
Male	60.1	65.5	-	
Female	60.7	67.9	-	
Source: National Population and Housing Census, CBS				

Source: *: Nepal Multiple Indicator Cluster Survey, CBS **Living Standard**

Poverty Head Count Rate

Area	1995/96	2003/04	2010/11
Nepal	41.8	30.9	25.2
Jrban Area##	21.6	19.6	15.5
Rural Area#	43.3	34.6	27.4
ource: Nenal Livina Stan	dard Survey CBS		

Inequality In comsumption (Gini Coefficient)

rea	1995/96	2003/04	2010/11
lepal	0.322	0.414	0.328
Irban Area##	0.426	0.436	0.353
tural Area#	0.308	0.349	0.311
ource: Nenal Livina Star	ndard Survey CRS		

Household Consumption

Area	1995/96	2003/04	2010/11
Iominal Household Consumption(RS)	38703	83593	170735
hare on Household Consur	mption (i	n percen	tage)

Food	60.3	59.0	61.5
Housing	18.8	9.5	11.0
Education	-	2.8	5.3
Other Non-food	27.9	28.7	22.2
Source: Nepal Living Standard Survey, CBS			

##: Based on Previous 58 Municipalities

#: Based on Previous 3915 Village Development Committes

Agriculture

Number of Agriculture Holdings and Area, 2011/12

Agriculture Holdings	Number	Area (Ha)
Having Land	3715555	2522519.9
Having no Land	115538	3119.3
Total	3831093	2525639.2
Total Irrigated Area	2472296	1313406.3
Total Arable Land	3724650	2162751.1
Source: National Agriculture Census 2	2011, CBS	

Production of Food Grains (Area in '000' Ha, Production in '000" M.T)

Food Grains	20	017/18	20	18/19	2019/20		
roou Grains	Area	Production	Area	Production	Area	Product	
Paddy	1469.5	5151.9	1491.7	5610.0	1458.9	555	
Maize	954.2	2555.8	956.4	2713.6	957.7	283	
Wheat	706.8	1949.0	704.0	2005.7	707.5	218	
Barley	24.6	30.5	24.4	30.5	24.4	3	
Buckwheat	10.3	11.5	10.3	11.5	10.4	1	
Millet	263.5	314.0	263.3	314.2	262.5	32	
Source: Minis	try of Agr	iculture and I	ivestock D	evelopment			

Production of Cash Crops (Area in '000' Ha. Production in '000" M.T)

Cash Crops 2017/18		20	018/19	2019/20		
Cash Crops	Area	Production	Area	Production	Area	Production
Sugarcane	78.6	3679.5	71.6	3557.9	68.6	3400.2
Jute	7.5	11.2	7.3	10.6	7.6	10.2
Oil Seed	224.6	245.9	260.3	280.5	258.1	278.3
Rubber	0.3	0.3	0.5	0.2	0.2	0.1
Potato	195.2	2881.8	194.0	3112.9	188.1	3131.8
Source: Minist	ry of Agri	culture and Liv	vestock i	Development		

Number of Livestock Number in '000

Livestock	2017/18	2018/19	2019/20
Cattle	7376	7385	7459
Buffalo	5278	5309	5258
Sheep	801	799	806
Goat	11647	12284	12812

Health Services

Health Human Resources

Human Resources	2017/18	2018/19	2019/20		
Doctors*	21413	26346	28477		
Nurse	49930	55534	62075		
ANM	31623	33660	35168		
Foreign Nurse	835	843	844		
Source: Nepal Nursing Council		*: Nepal M	*: Nepal Medical Counci		

Some Indicators of Private Hospital

Source: Ministry of Agriculture and Livestock Development

Year	2013	Year	2013
No. of Private Hospital	301	Total Employees	22581
Total Person Engaged	24031	Total Value Added	7994*
ource: Census of Private Hos	pital in Nepal	2013, CBS	*: million

Health Facilities Under MoHP

Facilities	2017/18	2018/19	2019/20
Hospital	123	125	125
Primary Health Centers	203	203	203
Health Post	3803	3805	3805
Hospital Beds(Available)	8332	8360	8388
Source: Department of Health Service	es		

Family Planning Users

Method	2018/19	2019/20	2020/21*
Temporary Methods	753818	682552	507278
Permanent Methods	26987	21352	12129
Source: Department of Health Se	*Fir	st eight month	

Education

Number of School, Teacher, and Student

Grade		2017/18		2018/19			2019/20		
Glaue	School	Teacher	Student	School	Teacher	Student	School	Teacher	Student
Basic level (Grade 1-5)	35211	201075	3970016	34667	198451	3730602	35063	200177	3543862
Basic level (Grade 6-8)	15632	58345	1866716	16065	54071	1824777	16770	54401	1775142
Secondary level (Grade 9-10)	9171	42817	970720	9985	43187	1027512	10644	43497	1040976
Secondary level (Grade 11-12)	3781	21420	584072	3728	18511	631634	4187	18659	661642
Total	35601	323657	7391524	64445	314220	7214525	66664	316734	7021622
Source: Centre for Education and Human Resource Development									

2016/17 2017/19 2019/10

Students Enrolled in Higher Education

racuity	2010/1/	201//10	Z010/12
Science and Technology	31634	30164	37026
Management	147949	198325	204855
Humanities and Social Science	49149	55949	48433
Education	83610	75803	75957
Law	1236	2054	9857
Engineering	28019	27792	29018
Medicine	25754	25797	28251
Forestry	360	2155	1892
Agriculture and Animal Science	2629	4817	5544
Sanskrit	251	717	717
Ayurved	451	na	na
Other	142	423	269
Total	371184	423996	441819
Source: University Grants Commission			

Literacy in Percentage

		U
1991*	2001**	2011**
39.6	54.1	65.9
54.6	65.5	75.1
25.0	42.8	57.4
66.9	71.9	82.2
36.8	51.0	62.5
	39.6 54.6 25.0 66.9	39.6 54.1 54.6 65.5 25.0 42.8 66.9 71.9

Source: National Population and Housing Census, CBS

** : Literacy rate of five years and above population : Literacy rate of six years and above population

ΔΔ : Based on Previous 58 Municipalities

Δ : Based on Previous 3915 Village Development Committes

Manufacturing Establishments

Principle Indicators 2011/12

· ····································	a.cato.	3, -011, 1-		1131 111 000
Region	No. of Estbs	Census Ouptput	Census Inputs	Census Value Added
Eastern	872	63327198	48830329	14496869
Central	1642	171804071	118690072	53113999
Western	995	64934096	45680019	19254077
Mid-Western	376	15935863	130393//8	2896515

4754809

320756037

3685958

229925726

Rs in '000"

1068851

90830311

Source: Census of Manufacturina Establishments 2011, CBS

Far-Western

Persons Involved in Manufacturing Establishments

Year	2001/02	2006/07	2011/12
No. of Person Engaged	191853	177550	204360
No. of Employees	181943	169891	194989
Source: Census of Manufacturing	Establishments .	CBS	

Total Value of Shipments of Some Commodities Rs. in million

Commodity	2001/02	2006/07	2011/12
Vegetable Ghee	8025	7687	1989
Sugar	2110	2898	1047
Processed Tea	643	1144	1587
Alcohol	1544	1951	7347
Beer	2359	2317	4409
Cigarette	5261	9891	15405
Cotton Clothes	939	1838	1122
Noolen Carpet	3077	2879	1494
Garments	5570	2070	1389
Processed Leather	641	540	50
Soap (Toilet & Washing)	2015	3914	8831
Cement	2068	7394	22277

Source: Census of Manufacturing Establishments, CBS

National Accounts

Some Important Macro Economic Indicators

illulcators	2010/13	2013/20	2020/2
Annual growth rate of GDP at Constant Price(%)	6.66	-2.09	4.
Per Capita GDP, Current Price(NRs)	130834	130957	1408
Per Capita GDP, Constant Price(NRs)	79327	76636	786
Annual Change in real Per Capita GDP(%)	5.24	-3.39	2.
Nominal Per Capita GDP(US\$)	1159	1126	11
Gross Domestic Saving/GDP(%)	15.30	6.35	6.
Gross National Saving/GDP(%)	42.12	32.61	31.
Gross Fixed Capital Formation/GDP(%)	33.82	28.43	27.
Export of Goods and Services/GDP(%)	7.78	6.76	5.
Import of Goods and Service/GDP(%)	41.47	33.89	32.
Exchange rate(US\$:NRs)	112.88	116.31	118.
Source: National Accounts of Nepal, CBS	R:	Revised, P: I	Prelimino

Gross Value Added by I	naustry (at			(Rs. millions)
NSIC		2018/19	2019/20 ^f	
Agriculture, forestry and fishing		832887	905344	
Mining and quarrying		21999	20443	
Manufacturing		192230	173861	
Electricity, gas, steam and air condi		33859	42545	45782
Water supply; sewerage, waste ma and remediation activities	nagement	19724	20124	20481
Construction		234260	204862	211994
Wholesale and retail trade; repair of vehicles and motorcycles	of motor	543045	519565	585013
Transportation and storage		215797	179011	202662
Accommodation and food service a	ctivities	75650	50261	58173
Information and communication		74122	77166	81005
Financial and insurance activities		207134	235254	256983
Real estate activities		295714	317011	352068
Professional, scientific and technical	32722	35241	. 39729	
Administrative and support service	25471	27192	28405	
Public administration and defence; social security	218571	276110	287468	
Education	251586	288459	300358	
Human health and social work activ	49776	60328	64643	
Arts, entertainment and recreation service activities; and Activities of I employers; undifferentiated goods- producing activities of households	nouseholds as and services-	17933	21364	22892
Gross Domestic Product (GDP) at basic	prices	3,342,481	3,454,140	3,733,274
Taxes less subsidies on products		516450	460561	533047
Gross Domestic Product (GDP)		3,858,930	3,914,701	4,266,321
Source: National Accounts of Nep	al, CBS	R: R	evised, P:	Preliminary
Public Income and Exp	penditure		Rs. ii	n '00000
Year	Actual 2019/20	Revised 202	0/21 Estir	nate 2021/22
Revenue and Grants	8413125	95968	300	11516004
Revenu Sharing- Federal	7411258	85083	300	10249073
Revenue	7937467	91213	142	11040346
Grants	237188	2706	507	633762
Expenditure	9734315	11190	144	14395991
Recurrent Expenditure	4338923	50109	901	6786133
Capital Expenditure	1891401	25147	732	3742686
Budget Surplus(-)/Deficit(+)	2085869	24112	237	3513156
Financing	-1936423	-24112	237	-3513156
Net Internal Loan	480869	4740	097	1065047
Net Investment	127275	357:	138	181463

-930834 -1375306

-1609233 -1867166

149446

-2742856

External net Borrowing

Domestic net Borrowing

Source: Ministry of Finance (Budget Speech 2021/22)

Under(+)/Over(-)

Su	mmary of Balance of Pay	(Rs.	in Million)	
Par	rticulars	2017/18	Annual 2018/19 ^R	2019/20°
A.	Current Account	-246822.2	-265359.6	-32057.1
	Goods: Exports f.o.b.	93473.6	113850.8	108016.3
	Goods: Imports f.o.b.	-1229272.3	-1398685.1	-1169615.2
	Balance on Goods	-1135798.7	-1284834.2	-1061598.9
	Services: credit	176631.0	186371.5	156350.4
	Services: debit	-174940.3	-201597.6	-155131.2
	Services: Net	1690.7	-15226.0	1219.2
	Balance on Goods and Services	-1134107.9	-1300060.3	-1060379.7
	Income: credit	69142.8	79916.7	68041.4
	Income: debit	-46528.1	-40001.2	-21940.1
	Income: Net	22614.8	39915.5	46101.3
	Balance on Goods, Services and Income	-1111493.2	-1260144.7	-1014278.4
	Current transfers: credit	870475.7	1005588.1	987673.5
	Current transfers: debit	-5804.8	-10803.0	-5452.3
	Transfers: Net	864670.9	994785.1	982221.3
В	Capital Account (Capital Transfer)	17721.8	15458.7	14213.2
C.	Financial Account (Excluding Group E)	102833.9	96448.9	271278.9
D.	Miscellaneous Items, Net	113886.8	96689.3	62680.8
E.	Reserves and Related Items	12379.7	56762.8	-316115.7
	Changes in reserve net (- increase)*	-960.2	67400.5	-282409.5

Source: Nepal Rastra Bank, R = Revised P: Provisional, F.O.B: free on Board Consumer Price Index (2014/15=100)

	2017/18			2018/19			2019/20		
Area	Overall Index	Food & Beverages	Non-Food & Services	Overall Index	Food & Beverages	Non-Food & Services	Overall Index	Food & Beverages	Non-Food & Services
National	119.6	116.1	122.4	125.1	119.7	129.6	132.8	129.5	135.5
Kathmandu	118.8	118.7	118.8	124.5	122.5	125.8	133.2	132.5	133.7
Hill	122.9	116.7	128.6	129.0	121.8	135.7	135.6	131.0	139.8
Terai	118.4	114.3	121.7	123.6	117.2	128.8	131.2	127.0	134.5
Mountain	119.8	117.0	124.2	125.7	120.7	133.5	131.9	127.4	138.7
Source: Nepal Rastra Bank, Annual Average.									

ational	Wholesale	Price	Index	(Reindexed)	Base Year: 2017/18=100
ational	vviioicauc	11100	IIIucx	Incinacica	Dase lear. 2017/10-100

	•					
Groups	Weight (%)	2017/18	2018/19	2019/20		
Overall Index	100.00	100.0	106.2	113.5		
Primary	33.59	100.0	106.1	118.9		
Fuel and Power	8.76	100.0	112.7	113.8		
Manufactured commodities	57.65	100.0	105.3	110.4		
Source: Nepal Rastra Bank, Annual Average.						

National	Salary	and	Wage	Index	
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National Salary and Wage Index		(2	004/05= 100)	
Groups	Weight	2017/18	2018/19	2019/20
Overall Index	100.00	449.43	491.1	537.5
Salary Index	26.97	368.58	393.1	446.0
Wage Rate Index	73.03	479.29	527.2	571.2
Source: Nepal Rastra Bank	k, Annual Averag	je.		

Production/ Producer's & Construction Sector's Index (2014/15=100)

Year	2017/18	2018/19	2019/20*
1. Overall IPICS(Material & Labour)	126.6	133.0	134.4
i. Aggregated Index of Construction Materaial	117.9	122.9	120.4
ii. Aggregated Index of Wage	147.5	157.2	167.9
2. Overall Manufacturing Production Index	116.2	124.5	113.5
3. Overall Industrial Production Index	119.0	125.2	-
4. Overall Manufactruring Producer's Price Index	116.5	123.5	123.5
5. Overall Industrial Produce's Price Index	116.8	123.1	-
6. Agriculture Producer Price Index (APPI) Soruce: Central Bureau of Statistics *: Prelimin	-	-	143.7

Soruce: Central Bureau of Statistics, *	: Preliminary		
Monetary Survey			Rs. in milli
Year	2018	2019 ^R	202
Broad Money (M2)	3094466.6	3582137.7	4230969
1 Money Supply (a+b), M1+	1878960.2	2093758.4	2368304
a. Money Supply (M1)	669395.0	726642.8	856260
Currency	415985.4	423204.3	490396
Demand Deposits	253409.5	303438.4	365864
b. Saving and Call Deposits	1209565.3	1367115.6	1512043
2 Time Deposits	1215506.4	1488379.3	1862665
Broad Money Liquidity (M3) R: Revised , P: Priliminary Source: Nepal Rastra Bank.	3171644.9	3666627.9	4337663

Communication

Number of Registered Newspapers	2018	2019	202
Daily	728	733	73
Half-Weekly	40	39	3
Weekly	3054	2943	295
Fortnightly	484	473	47
Monthly	2333	2333	234
Two Monthly	384	382	38
Quaterly	631	641	64
Four Monthly	39	38	3
Half-Yearly	86	86	8
Yearly	91	93	9
Total	7870	9780	779
Source: Department of Information			

Postal Services

Post Office	2017/18	2018/19	2019/20
General Post Office	1	1	:
Regional Post Office	4	4	4
District Post Office	70	70	70
Ilaka Post Office	842	842	842
Additional Post Office	3074	3074	3074
Total Post Office	3991	3991	3993
Source: Department of Information			

Transport

Length of Road			In kilometer
Types of Road	2017/18	2018/19	2019/20
Black Topped	13707	14695	15424
Gravelled	7231	8594	8622
Earthen	9150	9590	9198
Total	30088	32879	33244
Source: Economic Survey 2078	3/79, MoF		Contd.

Vehicles Registered

Vehicle Types	2017/18	2018/19	2019/20
Bus	2972	3722	2282
Mini Bus./Minitruck	1973	2409	998
Truck/Dozer/Crane/Exavator	12154	13425	4112
Car/Jeep/Van	24338	23019	11211
Pickup	10342	9759	4347
Microbus	1934	2330	393
Tempo	16209	11025	5764
Motorcycle	341623	282997	209671
Tractor/Powerteller	13396	12220	5160
E-Rikshaw	12325	8952	1068
Others	348	380	216
Total	437614	370238	245222
Source: Economic Survey 2078/79: MOF			

Tourism

Tourist Arrival

Year	2018	2019	2020
By Air	969287	995884	183130
By Land	203785	201307	46955
Annual Rate of Change(%)	25.0	2.1	-80.7
Gross Foreign Exhange Earnings	671587	667700	5235 00
(in convertible currencies '000 US\$')	(2018/19)	(2019/20)	(2020/21)*
Source: Nepal Tourism Board, *1st si.	x month of FY 2	2077/78	

Energy

Electricity			(GWH
Year	2018	2019	2020 ⁱ
Peak Demand(MW)	1508.2	1320.0	1408.0
Generation Total(NEA)	2308.4	2548.1	3021.0
Hydro Electricity Generation(NEA)	2308.2	2548.0	3021.0
Thermal Generation(NEA)	0.1	0.1	0.0
Power Purchase Total	4749.6	5003.0	4720.0
Power Purchase From India	2581.8	2813.0	1729.0
Power Purchase From IPPS	2167.8	2190.0	2991.0
Available Energy	7057.9	7551.1	7741.0
Source: Nepal Electricity Authority(NEA), P	= Provisional		

Use of Electricity

Types of Uses	2018	2019	2020 ^P	
Total	5560	6338	6529	
Households	2442	2666	2967	
Industrial	2074	2422	2286	
Commercial	408	466	488	
Export	3	35	107	
Other	633	749	681	
Source: Nepal Electricity Authority (NEA), P = Provisional				

(Kiloliter)

Other Electricity Consumption

Source of Enegry	2017/18	2018/19	2019/2
Diesel	488675	566827	51212
Petrol	1588869	1714917	147353
Kerosene	22337	25004	1892
Aviation Turbine Fuel	197220	200108	13742
Liquefied Petroleum Gas (M.T.)	370560	429609	44906
Source: Nepal Oil Corporation, M.T.= M	letric Ton		

Miscellaneous

Number of Refugees

Country of Origin	2017	2018	2019
Bhutanese	7422	6626	6396
Male	4006	3551	3421
Female	3416	3075	2975
Tibetan*	13517	13509	12540
Source: UNHCR, * Ministry of Ho	ome Affairs		

Natural Disaster

2017/18	2018/19	2019/20
585	519	13760
21291	26409	126730
2247.95	6643.10	39472.28
	585 21291	585 519 21291 26409

Statistics Offices of Central Bureau of Statistics

Statistics Office	District Coverage	Phone/Fax No
Panchthar	Taplejung, Panchthar, Illam	024-52011
Morang	Morang, Jhapa	021-52436
Sunsari	Sunsari, Saptari	025-560109
Dhankuta	Dhankuta, Terhathum	029-52026
Bhojpur	Bhojpur, Sankhuwasabha	029-42010
Okhaldhunga	Okhaldhunga, Solukhumbu	037-52012
Udayapur	Udayapur, Khotang	035-42010
Dhanusha	Dhanusha, Siraha	041-52040
Mahottari	Mahottari, Sarlahi	044-52002
Sindhuli	Sindhuli, Ramechhap	047-52012
Kavre	Kavre, Dolakha, Sindhupalchok	011-49074
Kathmandu	Kathmandu, Lalitpur, Bhaktapur	01-478125
Nuwakot	Nuwakot, Rasuwa	010-56025
Makwanpur	Makwanpur, Dhading	057-52368
Parsa	Parsa, Bara, Rautahat	051-52103
Chitwan	Chitwan, Nawalparasi (Susta- east), Nawalparasi (Susta- West)	056-52050
Gorkha	Gorkha, Lamjung, Manang	064-42019
Syangja	Syangja, Parbat	063-42011
Kaski	Kaski, Tanahu	061-46531
Baglung	Baglung, Myagdi, Mustang	068-52027
Palpa	Palpa, Gulmi	075-52051
Kapilbastu	Kapilbastu, Arghakhanchi, Rupandehi	076-56006
Pyuthan	Pyuthan, Rolpa	086-46024
Rukum	Rukum, (East), Rukum (West) Jajarkot	088-53023
Dang	Dang, Salyan	082-56001
Banke	Banke, Bardiya	081-52356
Surkhet	Surkhet, Dailekh, Kalikot	083-52020
Jumla	Jumla, Mugu, Dolpa	087-52003
Bajura	Bajura, Humla	097-54101
Doti	Doti, Achham	094-44015
Kanchanpur	Kanchapur, Kailali	099-52134
Dadeldhura	Dadeldhura, Bajhang	096-41018
Darchula	Darchula, Baitadi	093-42013

: Some of the date therein may differ from those in our other publication owing to their revision by the sources themselves.

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