



नेपाल सरकार  
स्वास्थ्य तथा जनसंख्या मन्त्रालय

# आयुर्वेद तथा वैद्यकीय चिकित्सा विभाग



पत्र संख्या:- २०८२/८३

चलानी नम्बर:- ३६९

मिति:- २०८२/११/२३०

नेपाल सम्वत् १९४६ चौलागा एकादशी ।

विषय: दर रेट पेश गर्ने सम्बन्धमा ।

श्री सरोकारवाला सवै

प्रस्तुत विषयमा यस विभाग मातहतको राष्ट्रिय आयुर्वेद पञ्चकर्म तथा योग केन्द्र, बुढानिलकण्ठको लागि यसै पत्रसाथ सलग्न स्पेशिफिकेशन अनुसारको पूर्व पञ्चकर्म / पञ्चकर्म संचालन गर्न प्रयोग हुने काष्ठजन्य तथा अन्य उपकरणहरूको दर रेट यो सूचना प्रकाशित भएको मिति ले एक हप्ता भित्र यस विभागमा आईपुग्ने गरि भौतिक रुपमा वा यस विभागको ई मेल ठेगाना [doaa.gov.np@gmail.com](mailto:doaa.gov.np@gmail.com) मा पठाई सहयोग गरिदिनुहुन सरोकारवाला सबैलाई निर्देशानुसार अनुरोध छ ।

डा. पुनेश्वर केशरी

आयुर्वेद चिकित्सक

अनगमन, अनसन्धान तथा समन्वय शाखा

“ मेरो स्वास्थ्य- मेरो जिम्मेवारी ”

फोन नं. M ०१-५३५२५२५, ५३६७४२५, ५३६९९१०, ११

फ्याक्स M ०१-५३६९९१२

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## Panchakarma Equipments Specifications Technical specifications for panchakarma devices

### 1. Nadi Swedan Yantra Description & functional Requirements

Steam Generator- Heavy stainless steel body Capacity steam generator with outer lid. Unit fitted with high pressure unit hose. Unit if fitted with temperature control switch and low water cutoff switch for safety and . Unit is mounted with metal frame.

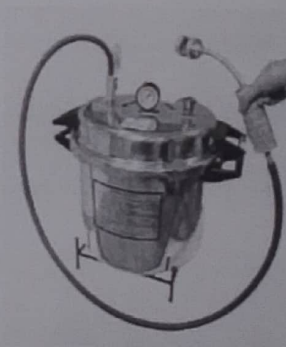
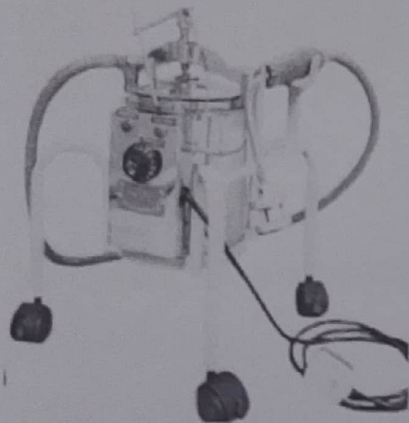
Steam outlet- Stainless steel handheld sprayer with wooden handle and stainless water strainer to provide non pressurized steam.

Heater – 3 KW electric element

Safety – Unit fitted with safety pressure valve, steam flow control valve and pressure gauze.

Power – 220 V (single phase)

Water Capacity – 20- 25 lt



## 2. Abhyanga Bed

### Description & functional Requirements

Cabinet Material – Wooden frame bed (of jungle Sisso – better to remove this specification) fitted with good quality 3" foam and synthetic leather. Leg of bed made up of wood (jungle sisso- better to remove this specification) with a thickness 4X4 ". One piece Head cushion with abhyanga bed (separate cushion, not attached with bed).

Size – length 78", Width 30" height 28-30"(Approx)

Capacity – 1 person



## 3. Swedan Box

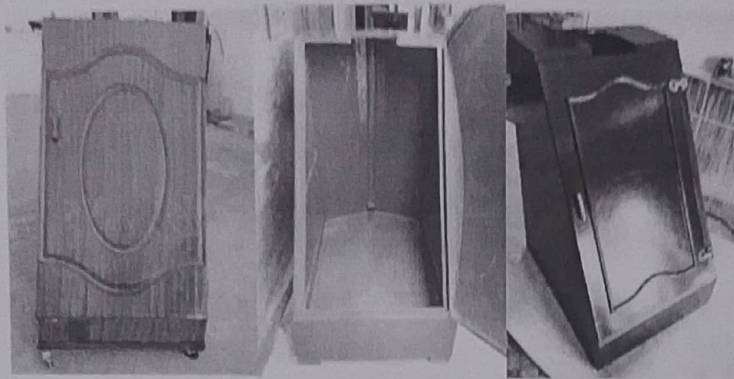
### Description & functional Requirements

Cabinet Material – Sarvang Swedan box made of high-quality fibre with one door system, foldable and with easy neck-adjustable space. Lightweight and portable. A steam inlet hole or pipe is fitted inside, and a water outlet hole is inside the cabinet.

Seat – Height-adjustable seat/stools (material of stools- steel stools). Size – Height 45-50" , Width 30-33" , Depth (front to back length): At base 36" and at top 20-22"(Approx)

Ground to base of box: 4-5inch

Capacity – 1 person



Note- Pictures are taken from google search and are kept only for references (as a sample)

#### **4. AUTOMATED SHIRODHARA MACHINE**

##### **Description & functional Requirements**

Portable

- Digital temperature regulator  Constant flow regulator  Noise less & enhances efficacy of the treatment  User-friendly
- Compatible with different viscous fluids
- Operating Voltage- 220V
- Oil flow, speed regulator  Oil auto heating Provided
- Controlled Oscillation

PS: if have intent of purchasing, the Shirodhara Yantra should be soundless

#### **5. SHIRODHARA POT/PATRA**

##### **Description & functional Requirements**

Dhara Patra = Material of Brass with capacity of 1-2 (2-3) liter attached with chain.

Unit containing manual gate control valve for oil outlet. Having wide base may be preferable than having narrow base.

## 6. SHIRODHARA DRONI

### Description & functional Requirements

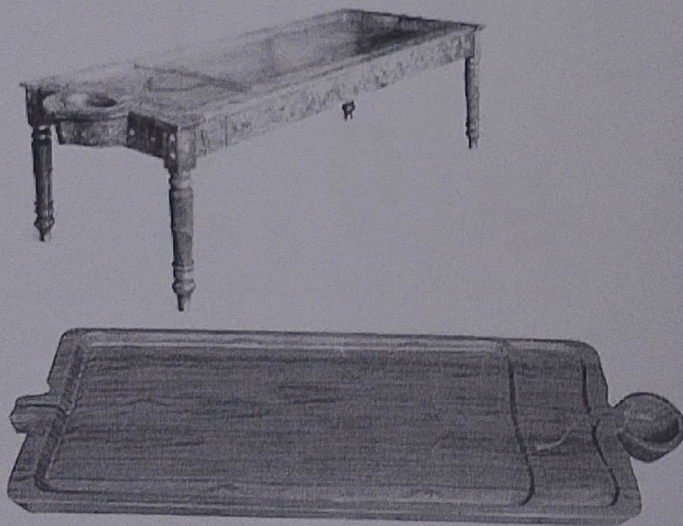
Cabinet Material – Wooden with short bowl model for the collection of oil integrated to head portion with oil outlet with prevention of back flow of oil.

Wooden material (of Sisso wood- reconsider if it is a needed clause, may be removed). Body side with carving designs. Oil or liquid should only pass from the oil outlet so that there is no chance of leakage from either side.

Size – length 84&quot; (84” may be short, may be increased to 96-102”), Width 30-34&quot;

height 30&quot;(Approx)

Capacity – 1 person



Note- Pictures are taken from google search and are kept only for references (as a sample)

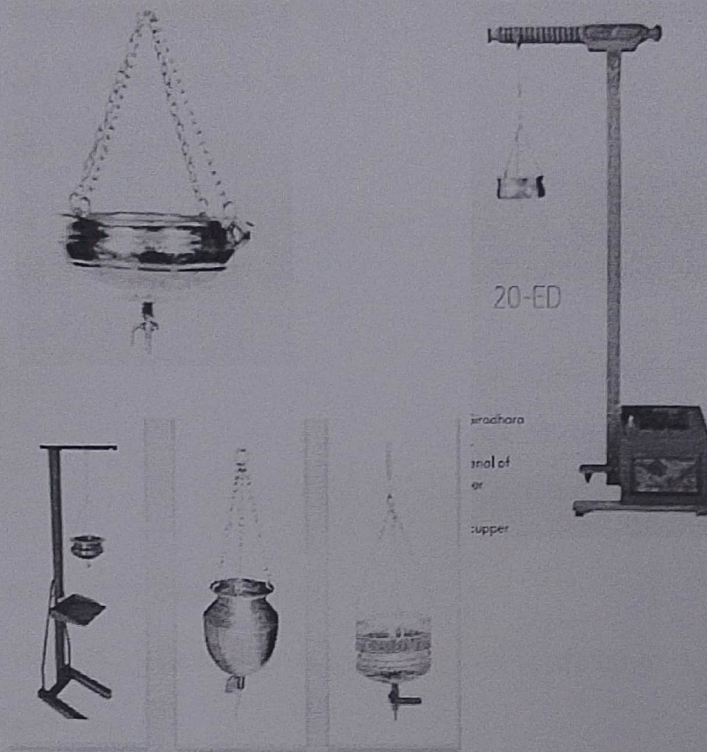
## 7. SHIRODHARA STAND AND POT

### Description & functional Requirements

Shirodhara stand material – Wood (Sissi wood)(- may be removed) Size – 70” \*

22" Base = With square wooden foot containing 18\*18" storage box.

Dhara Patra = Material of Copper with capacity of 2-3 liter attached with metal chain. Unit containing manual gate control valve for oil outlet. Shape: having wide base type rather than conical.



## 8. SWEDAN BOX (WOODEN)

### Description & functional Requirements

Cabinet Material – Cabinet made up of with one door system with easy neck adjustable space. Vapour inlet pipe fitted inside

the box and water outlet valve or hole fitted inside so that water collected inside can be easily drawn (no any leakage or hole should be in the base to prevent water leakage in the floor)

Seat – Height adjustable seat/stools

Size – Height 45-50” , Width 30-33” , Depth/ antero posterior length: At Base: 40”  
At top 18-20”(Approx)

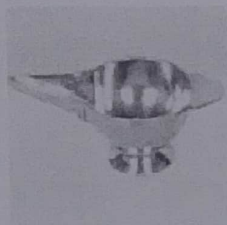
Capacity – 1 person

### **9.Kharal Yantra**

- Kharal Yantra made of Clay material
- Size- Large (Medium, small size)

### **10.Gokarnika- Nasya yantra**

Nasya Yantra made up of Bronze or brass or copper with length 9cm , width 4 cm and height 2.5 cm approx.



### **11. Kati Janu Griva Basti Yantra**

Basti ring with kati, janu and griva basti 3 pcs set made up of Acrylic material

### **12. Shirobasti Cap**

Shirobasti Cap material of leather of 10 inches height (approx.) with adjustable rexine strap



### **13. Cupping Set**

Cupping set of 24 pcs with good quality glass materials

#### 14. Jalneti Pot

Jala neti pot made up of hard Plastic materials and reusable.

